

Service Provision Across the Miles

State Wide Outreach Therapy Service
(SWOTS)

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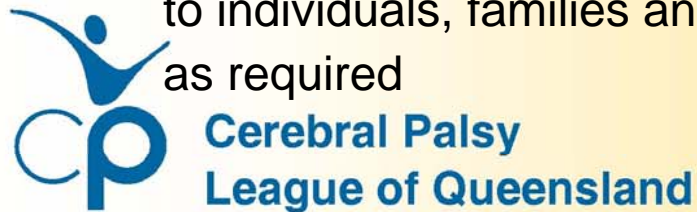
Overview

- SWOTS – Who are we?
- Challenges of outreach
- Service delivery
- Case study – “Georgie Girl”



SWOTS

- Physiotherapist, Occupational Therapist, + Speech Pathologist
- Service to Cairns, Mt Isa, & Townsville and surrounding areas (0-18 years)
- Non-Schools Organisation (NSO) funding
- Average of one visit per year to each area
- Ongoing consultative services throughout the year (tele-links, phone, e-mail, written correspondence)
- Families have previously accessed team in Brisbane
- Maintain regular contact and support to individuals, families and local services as required



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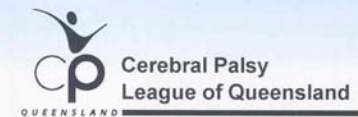
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i dream therefore i am

The Cerebral Palsy League of Queensland
provides services for people with
cerebral palsy and related disabilities,
and their families.

www.cplqld.org.au



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Challenges of Outreach

- Distance
- Number of services involved
- Addressing family & educational needs
- Team members knowledge and experience
- Attitudinal barriers & constraints
- Access to resources
- Access to technical assistance



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SERVICE DELIVERY

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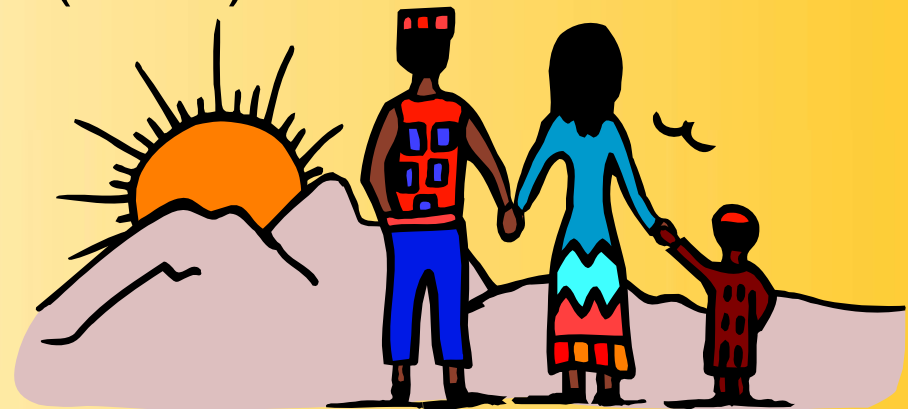


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Consultation

Importance of establishing RAPPORT

- Family Centred Practice
- Collaboration
- Strengths Based Practice
- Social Role Volarisation (SRV)



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Consultation cont..

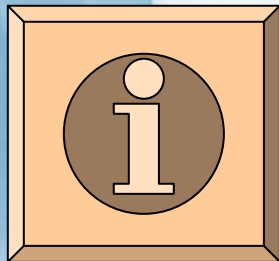


- **Thorough Preparation for outreach visit**
Previous 6-8 weeks - Issues to be addressed established
- **Liaison with local services**
Home, education, and local services
- **Combined team approach**
Three team members see the client together during outreach visit
- **Assessment & Intervention**
Team addresses issues (photos and video used to support observations)
Equipment trialed as required
Summary of Visit report, Combined Therapy report & Goal Summary
→ Follow-up



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Come on a journey to Mt Isa and meet Georgie.....

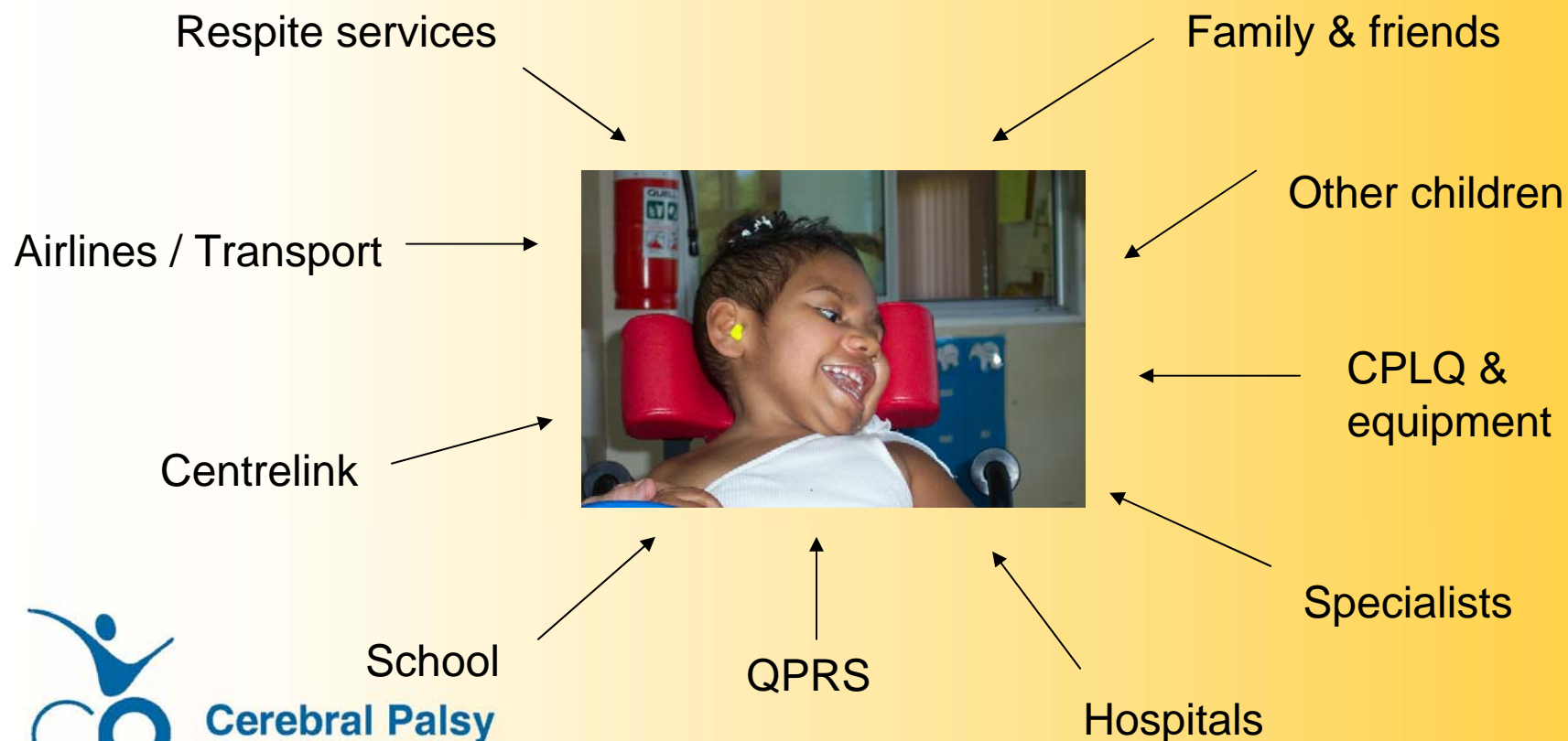


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Georgie in the Middle



ICF Components



Body Functions & Structures

Activities & Participation

Environmental Factors

Spastic quadriplegia
GMFCS 5, MACS 5
Low postural tone
High tone in limbs
Limited voluntary movt
Reduced oral movt's
Gastrostomy
Visual impairment
Severe epilepsy

Able to vocalise – social
Developing switch skills
for play
Unable to mobilise
independently
Separate mealtimes (tube)
Dependent for all living
Attends special school
Sensory issues limit
participation

Supportive Family, high
support needs of other
members
Lots of people &
opinions - family,
medical, & education
Limited specialist
services in Mt Isa
Limited storage at home
for equipment



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Support for Georgie over 13 months

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Oct 2005

Nov 2005

Dec 2005

Jan 2006

Feb 2006

Mar 2006

2006 Apr

* Outreach school & home visit.

* Meeting with AT PI & EQ PT (Brisbane)

Telelink with school and local services re issues

Black = General follow-up
Orange = Brisbane visit planning and visit.
Blue = Outreach visit planning and visit.

• Summary of visit form sent

• Liaison with family re. referral to paediatric neurologist.
• Combined therapy report sent

• Consulting with family re referral to paediatric neurologist.
• Contact with family re equipment

• Support to family re starting school.

• Liaison with family, school and local service providers re school issues.

• Continued preparation for trip.

Oct 2006

- Georgina in Brisbane for review of chest.
- Liaison with EQ SLP re oral stimulation programme

Sept 2006

August 2006

- Georgina unwell and back in Brisbane.
- Liaison with family re health

July 2006

- Georgina in Brisbane for surgery
- Social worker organised accommodation, respite and taxi vouchers.

June 2006

- Combined therapy reports sent
- Application for equipment to St George

May 2006

Outreach visit to school and home

Brisbane visit for RCH appt - PT support

- Discussion re Brisbane Visit
- Summary of visit forms sent
- Liaison with dietician at QPRS for Bris. visit
- Application for new wheelchair commenced

Black = General follow-up

Orange = Brisbane visit planning and visit.

Blue = Outreach visit planning and visit.

INTERVENTIONS & GOALS

Snapshot of May 2006
Outreach Visit

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Pre-Visit

- Contact made with family, Special School, local therapists, AT-PI & PEO (by mail, phone, email & teleconference)
- Request and discuss Georgina's IEP
- CPLQ team discuss issues identified for support:
 - musculoskeletal review
 - repair and trial of standing frame
 - wheelchair prescription
 - positioning for feeding
 - transfers
 - review of oral sensory programme
 - assessment of switch access



Plan for Visit

Outreach Visit - School

- Issues addressed during visit:
 - Adjustment made to existing wheelchair headrest
 - Upper limb review
 - Discussion and observations of switching



Outreach Visit – School Cont.

- Issues addressed during visit:
 - Follow up for management of Gastrostomy site
 - Observation of Gastrostomy feeding
 - Discussion regarding use of mobile floor hoist



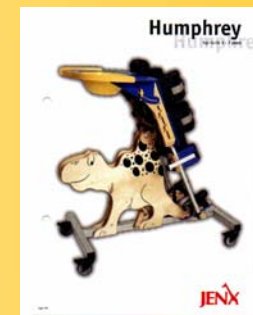
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Outreach Visit – School Cont.

- Issues addressed during visit:
 - Discussion regarding oral sensory programme at school



- Discussion regarding upcoming Brisbane visit and wheelchair prescription at ETS
 - Trial of Humphrey Stander

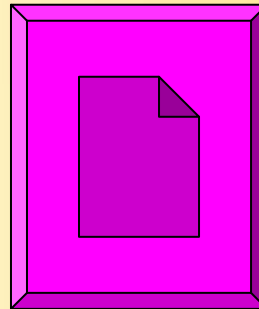


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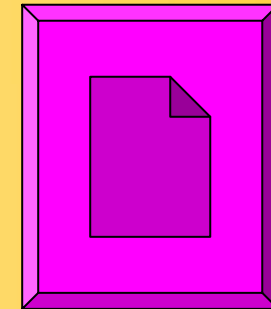
Post-Visit

- Summary of Visit form
- Combined Therapy Report including Goal Summary and supporting attachments
- Continued collaboration as required

Combined Therapy
Report →



Goal Summary →





OUTCOME EVALUATION & PLAN

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Goal 1: Implementation of oral sensory program at school



Score	Attainment Levels
Much less than expected - 2	Georgina will tolerate firm pressure to cheek and upper/lower lips for two minutes
Less than expected - 1	Georgina will tolerate NUK brush on lips and allow NUK brush to briefly enter mouth
Expected level of outcome 0	Georgina will tolerate presentation of NUK brush on tongue for 2 minutes
More than expected + 1	Georgina will accept NUK brush on tongue and laterally at side of mouth for 2 mins
Much more than expected + 2	Georgina actively participates in oral sensory program with NUK brush in mouth for 5 minutes



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Goal 2: Standing at School

Score	Attainment Levels
Much less than expected - 2	Georgina will not be able to tolerate being in the standing frame for longer than 5 minutes.
Less than expected - 1	Georgina will be happy to stand in the standing frame for up to 10 minutes.
Expected level of outcome 0	Georgina will be happy to stand in the standing frame for up to 20 minutes.
More than expected + 1	Georgina will be happy to stand in her standing frame for up to 30 minutes.
Much more than expected + 2	Georgina will be happy to stand in her standing frame for longer than 30 minutes.

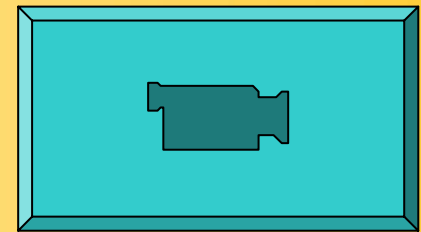
Goal 3: Switch Access

Score	Attainment Levels
Much less than expected - 2	Georgina will reach to touch a Big Yellow Switch with her right hand to activate a cause and effect toy – (proactive exploration of switch)
Less than expected - 1	Georgina will press a Big Yellow Switch with her right hand to activate a cause and effect toy – direct mode ie toy will only operate when switch is pressed.
Expected level of outcome 0	Georgina will press a Big Yellow Switch with her right hand to activate a cause and effect activity on a computer – direct mode ie computer activity will only operate when switch is pressed.
More than expected + 1	Georgina to press a Big Yellow Switch with her right hand to build a series of events on a computer - ie switch building activity.
Much more than expected + 2	Georgina will press a Big Yellow Switch with her right hand to activate a a computer targeting activity.



Interview with Pauline

- about Georgie
- Journey and family life
- Living in Mt Isa & supports



Georgie & Us

- Consultation & collaboration
- Family-centred practice
- Multidisciplinary



SWOTS

References

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